

LUNEDI

MARTEDI

MERCOLEDI

DURATA CORSI 45 MIN

09:00 WATER TONE
10:00 WATER GYM
11:00 HYDROBIKE
12:00 WATER POSTURAL
14:00 HYDROSTEP
17:00 WATER PUMP
18:00 WATER BOOTY
19:00 WATER TONE

09:00 HYDROBIKE
10:00 WATER CIRCUIT
11:00 WATER PILATES
14:00 WATER TONE
17:00 HYDROBIKE
18:00 WATER GYM
19:00 WATER ZUMBA

09:00 WATER GYM
10:00 HYDROBIKE
11:00 WATER TONE
12:00 WATER POSTURAL
14:00 HYDROGAG
17:00 WATER GYM
18:00 WATER TONE
19:00 WATER BOOTY

GIOVEDI

VENERDI

SABATO

09:00 HYDROSTEP
10:00 HYDROBIKE
11:00 WATER PILATES
14:00 WATER BOOTY
17:00 WATER GYM
18:00 HYDROBIKE
19:00 WATER ZUMBA

09:00 HYDROBIKE
10:00 WATER TONE
11:00 WATER GYM
12:00 WATER POSTURAL
14:00 WATER PUMP
17:00 HYDROGAG
18:00 WATER BOOTY
19:00 WATER TONE

09:00 WATER TABATA
10:00 HYDROBIKE

TUTTI I CORSI SONO SU PRENOTAZIONE - GLI ORARI DEI CORSI POSSONO SUBIRE VARIAZIONI

PLANNINGACQUA