

## LUNEDI

08:40 WATER TONE  
09:40 WATER GYM  
10:40 HYDROBIKE  
14:00 HYDROGAG  
17:00 DREN UP  
18:00 WATER BOOTY  
19:00 WATER TONE

## MARTEDI

07:40 HYDROBIKE  
08:40 HYDROSTEP  
09:40 WATER GYM  
10:40 WATER TONE  
14:00 WATER GYM  
18:00 HYDROBIKE  
19:00 WATER GYM

## MERCOLEDI

08:40 WATER TONE  
09:40 WATER GYM  
10:40 HYDROBIKE  
14:00 HYDROGAG  
17:00 DREN UP  
18:00 WATER BOOTY  
19:00 WATER TONE

## GIOVEDI

07:40 HYDROBIKE  
08:40 HYDROSTEP  
09:40 WATER GYM  
10:40 WATER TONE  
14:00 WATER GYM  
18:00 HYDROBIKE  
19:00 WATER GYM

## VENERDI

08:40 WATER TONE  
09:40 WATER GYM  
10:40 HYDROBIKE  
14:00 HYDROGAG  
17:00 DREN UP  
18:00 WATER BOOTY  
19:00 WATER TONE

**PLANNING ACQUA** DURATA CORSI 45 MIN

TUTTI I CORSI SONO SU PRENOTAZIONE - GLI ORARI DEI CORSI POSSONO SUBIRE VARIAZIONI

**WP** Wellness  
POWER  
C I U B

**NO  
EXCUSES  
JUST  
RESULTS**

